

**CONCEPTS AND ROLES**

The Governing Board shall make every effort to maintain a safe, positive school environment and student services that promote student welfare and academic achievement. The Board expects students to make good use of learning opportunities by demonstrating regular attendance, appropriate conduct and respect for others.

*(cf. 5113 - Absences and Excuses)*  
*(cf. 5131 - Conduct)*  
*(cf. 5137 - Positive School Climate)*

The Board is fully committed to providing equal educational opportunities and keeping the schools free from discriminatory practices. The Board shall not tolerate the intimidation or harassment of any student for any reason.

*(cf. 5145.3 - Nondiscrimination/Harassment)*

The Superintendent or designee shall establish and keep parents/ guardians and students well informed about school and district rules and regulations related to attendance, health examinations, records, grades and student conduct. When conducting hearings related to discipline, attendance and other student matters, the Board shall afford students their due process rights in accordance with law.

*(cf. 5125 - Student Records)*  
*(cf. 5144 - Discipline)*  
*(cf. 5144.1 - Suspension and Expulsion/Due Process)*  
*(cf. 5145.6 - Parental Notifications)*  
*(cf. 9000 - Role of the Board)*

*Legal Reference:*

EDUCATION CODE  
35160 Authority of governing boards  
35160.1 Broad authority of school districts  
35291-35291.5 Rules

**PARENT RIGHTS AND RESPONSIBILITIES**

The Governing Board recognizes that parents/guardians of district students have certain rights as well as responsibilities related to the education of their children.

Parents/guardians shall have the opportunity to work with schools in a mutually supportive and respectful partnership and to help their children succeed in school. (Education Code 51100)

*(cf. 6020 - Parent Involvement)*

The Board believes that the education of the district's students is a shared responsibility. The Superintendent or designee shall work with parents/guardians to determine appropriate roles and responsibilities of parents/guardians, school staff and students for continuing the intellectual, physical, emotional and social development and well-being of students at each school site, including the means by which the schools and parents/guardians can help students achieve academic and other standards of the school.

Within this framework, the school's primary responsibility shall be to provide a high-quality curriculum and instructional program in a supportive and effective learning environment that enables all students to meet the academic expectations of the school.

*Legal Reference:*

EDUCATION CODE

*44670.5 Professional development program*

*49091.10-49091.19 Parental review of curriculum and instruction*

*51100-51102 Parent/guardian rights*

**PARENT RIGHTS AND RESPONSIBILITIES**

**Parent Rights**

The rights of parents/guardians of district students include, but are not limited to, the following:

1. To observe, within a reasonable period of time after making the request, the classroom(s) in which their child is enrolled or for the purpose of selecting the school in which their child will be enrolled (Education Code 51101)

Parents/guardians may observe instructional and other school activities that involve their child in accordance with Board policy and administrative regulations adopted to ensure the safety of students and staff, prevent undue interference with instruction or harassment of school staff, and provide reasonable accommodation to parents/guardians. Upon written request by parents/guardians, the Superintendent or designee shall arrange for parental observation of a class or activity in a reasonable time frame and in accordance with Board policy and administrative regulations. (Education Code 49091.10)

*(cf. 1250 - Visitors/Outsiders)*

*(cf. 3515.2 - Disruptions)*

*(cf. 6116 - Classroom Interruptions)*

2. To meet, within a reasonable time of their request, with their child's teacher(s) and the principal of the school in which their child is enrolled (Education Code 51101)
3. Under the supervision of district employees, to volunteer their time and resources for the improvement of school facilities and school programs, including, but not limited to, providing assistance in the classroom with the approval, and under the direct supervision, of the teacher (Education Code 51101)
4. To be notified on a timely basis if their child is absent from school without permission (Education Code 51101)

*(cf. 5113 - Absences and Excuses)*

5. To receive the results of their child's performance and the school's performance on standardized tests and statewide tests (Education Code 51101)

*(cf. 0500 - Accountability)*

*(cf. 0510 - School Accountability Report Card)*

*(cf. 6162.5 - Student Assessment)*

6. To request a particular school for their child and to receive a response from the district (Education Code 51101)

**PARENT RIGHTS AND RESPONSIBILITIES (continued)**

*(cf. 5116.1 - Intradistrict Open Enrollment)*  
*(cf. 5117 - Interdistrict Attendance)*

7. To have a school environment for their child that is safe and supportive of learning (Education Code 51101)

*(cf. 0450 - Comprehensive Safety Plan)*  
*(cf. 3515 - Campus Security)*  
*(cf. 5131 - Conduct)*  
*(cf. 5137 - Positive School Climate)*  
*(cf. 5142 - Safety)*

8. To examine the curriculum materials of the class(es) in which their child is enrolled (Education Code 51101)

Parents/guardians may inspect, in a reasonable time frame, all primary supplemental instructional materials and assessments stored by the classroom teacher, including textbooks, teacher's manuals, films, tapes and software. (Education Code 49091.10)

Each school site shall make available to parents/guardians and others, upon request, a copy of the prospectus for each course, including the titles, descriptions and instructional aims of the course. (Education Code 49091.14)

The school may charge an amount not to exceed the cost of duplication. (Education Code 49091.14)

*(cf. 1312.2 - Complaints Concerning Instructional Materials)*  
*(cf. 6141 - Curriculum Development and Evaluation)*  
*(cf. 6142.1 - Family Life/Sex Education)*  
*(cf. 6142.2 - AIDS Prevention Instruction)*  
*(cf. 6161.1 - Selection and Evaluation of Instructional Materials)*  
*(cf. 6161.11 - Supplementary Instructional Materials)*

9. To be informed of their child's progress in school and of the appropriate school personnel whom they should contact if problems arise with their child (Education Code 51101)

*(cf. 5121 - Grades/Evaluation of Student Achievement)*  
*(cf. 5123 - Promotion/Acceleration/Retention)*  
*(cf. 5124 - Communication with Parents/Guardians)*

10. To have access to the school records of their child (Education Code 51101)

*(cf. 5125 - Student Records)*  
*(cf. 5125.1 - Release of Directory Information)*

**PARENT RIGHTS AND RESPONSIBILITIES (continued)**

11. To receive information concerning the academic performance standards, proficiencies or skills their child is expected to accomplish (Education Code 51101)

*(cf. 6011 - Academic Standards)*

*(cf. 6146.1 - High School Graduation Requirements/Standards of Proficiency)*

*(cf. 6146.4 - Differential Graduation and Competency Standards for Individuals with Exceptional Needs)*

*(cf. 6146.5 - Elementary School Graduation Requirements/Standards of Proficiency)*

12. To be informed in advance about school rules, attendance policies, dress codes and procedures for visiting the school (Education Code 51101)

*(cf. 5132 - Dress and Grooming)*

*(cf. 5144 - Discipline)*

13. To receive information about any psychological testing the school does involving their child and to deny permission to give the test (Education Code 51101)

*(cf. 5145.1 - Privacy)*

*(cf. 6164.4 - Identification of Individuals for Special Education)*

*(cf. 6164.6 - Identification and Education Under Section 504)*

14. To refuse to submit or to participate in any assessment, analysis, evaluation or monitoring of the quality or character of the student's home life; any form of parental screening or testing; any nonacademic home-based counseling program; parent training; or any prescribed family education service plan. (Education Code 49091.18)

15. To participate as a member of a parent advisory committee, school site council or site-based management leadership team in accordance with any rules and regulations governing membership in these organizations (Education Code 51101)

*(cf. 0420 - School Plans/Site Councils)*

*(cf. 0420.5 - School-Based Decision Making)*

*(cf. 0420.2 - School Improvement Program)*

*(cf. 0420.3 - School-Based Student Motivation and Maintenance Program)*

*(cf. 0420.5 - School-Based Decision Making)*

*(cf. 1220 - Citizen Advisory Committees)*

*(cf. 6171 - Title I Programs)*

*(cf. 6175 - Migrant Education Program)*

16. To question anything in their child's record that the parent/guardian feels is inaccurate or misleading or is an invasion of privacy and to receive a response from the school (Education Code 51101)

*(cf. 5125.3 - Challenging Student Records)*

## **PARENT RIGHTS AND RESPONSIBILITIES (continued)**

The Superintendent or designee shall obtain informed written parental consent before testing any student for a behavioral, mental or emotional evaluation. A general consent, including medical consent used to approve admission to or involvement in, a special education or remedial program or regular school activity, shall not constitute written consent for these purposes. (Education Code 49091.12)

It is the policy of the district to contact parents/guardians regarding confidential medical and counseling matters. Confidential medical services will not be provided.

*(cf. 5131.6 - Alcohol and Other Drugs)*  
*(cf. 5141.3 - Health Examinations)*  
*(cf. 6164.2 - Guidance/Counseling Services)*

The Superintendent shall ensure that district staff understand the rights of parents/guardians afforded by law and Board policy and follow acceptable practices that respect those rights.

*(cf. 4131 - Staff Development)*  
*(cf. 4231 - Staff Development)*  
*(cf. 4331 - Staff Development)*

In addition, the Superintendent or designee shall provide interested parents/guardians with opportunities to participate in professional development programs offered at the school in which their child is enrolled. (Education Code 44670.5)

*(cf. 4131.6/4231.6/4331.6 - Professional Development Program)*

The Superintendent or designee shall ensure that parents/guardians receive notification regarding their rights in accordance with law.

*(cf. 5145.6 - Parental Notifications)*

School officials or law enforcement officials have the authority to investigate or intervene in cases of suspected child abuse, (Education Code 49091.12)

*(cf. 5141.4 - Child Abuse Reporting Procedures)*

### **Parent Responsibilities**

Parents/guardians may support the learning environment of their children by: (Education Code 51101)

1. Monitoring attendance of their children
2. Ensuring that homework is completed and turned in on time

*(cf. 6154 - Homework/Makeup Work)*

**PARENT RIGHTS AND RESPONSIBILITIES** (continued)

3. Encouraging their children to participate in extracurricular and cocurricular activities

*(cf. 6145 - Extracurricular and Cocurricular Activities)*

4. Monitoring and regulating the television viewed by their children

5. Working with their children at home in learning activities that extend the classroom learning

6. Volunteering in their children's classroom(s) or for other school activities

*(cf. 1240 - Volunteer Assistance)*

7. Participating in decisions related to the education of their own children or the total school program as appropriate

**NONCUSTODIAL PARENTS**

Noncustodial parents generally retain the same rights as custodial parents unless a court order restricts the rights of the noncustodial parent. These rights include but are not limited to accessing his/her child's student records, participating in school activities and visiting the child at school. If a completed or pending legal action curtails the noncustodial parent's rights, the parent/guardian with custody shall provide evidence of this action to the Superintendent or designee.

*(cf. 5125 - Student Records)*  
*(cf. 5142 - Safety)*  
*(cf. 6020 - Parent Involvement)*

Upon request, the district shall provide noncustodial parents with announcements and notices that are sent to the custodial parent.

While both parents can visit the child at school, only the custodial parent has the right to remove the child from school property. Only a verified note or an emergency card from the custodial parent will be cause for exception to this provision.

*(cf. 5141 - Health Care and Emergencies)*

In the event of an attempted violation of a court order that restricts access to a student, staff shall contact the custodial parent and local law enforcement officials and shall make the student available only after one or both of these parties consent.

*Legal Reference:*

EDUCATION CODE  
49061 Definitions  
49069 Absolute right to access  
FAMILY CODE  
3025 Parental access to records

**STUDENT WELLNESS**

The Governing Board recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for district students. The Superintendent or designee shall build a coordinated school health system that supports and reinforces health literacy through health education, physical education, health services, nutrition services, psychological and counseling services, health promotion for staff, a safe and healthy school environment, and parent/guardian and community involvement.

*(cf. 0000 - Vision)*

*(cf. 0200 - Goals for the School District)*

*(cf. 3513.3 - Tobacco-Free Schools)*

*(cf. 3514 - Environmental Safety)*

*(cf. 5131.6 - Alcohol and Other Drugs)*

*(cf. 5131.62 - Tobacco)*

*(cf. 5131.63 - Steroids)*

*(cf. 5141 - Health Care and Emergencies)*

*(cf. 5141.23 - Infectious Disease Prevention)*

*(cf. 5141.3 - Health Examinations)*

*(cf. 5141.31 - Immunizations)*

*(cf. 5141.32 - Health Screening for School Entry)*

*(cf. 5141.6 - Student Health and Social Services)*

*(cf. 5142 - Safety)*

*(cf. 5146 - Married/Pregnant/Parenting Students)*

*(cf. 6142.1 - Sexual Health and HIV/AIDS Prevention Education)*

*(cf. 6164.2 - Guidance/Counseling Services)*

**School Health Council/Committee**

The Board's policy related to student wellness shall be developed with the involvement of parents/guardians, students, school food service professionals, school administrators, Board representatives, and members of the public. (42 USC 1751 Note)

**Nutrition Education and Physical Activity Goals**

The Board shall adopt goals for nutrition education, physical activity, and other school-based activities that are designed to promote student wellness in a manner that the district determines appropriate. (42 USC 1751 Note)

**Goal 1:** The district's nutrition education and physical education programs shall be based on research, consistent with the expectations established in the state's curriculum frameworks, and designed to build the skills and knowledge that all students need to maintain a healthy lifestyle.

***Objective 1.1: By the end of May each year, all K-8 students will be provided with a nutrition education program consistent with state curriculum frameworks as measured by the District Wellness Policy Checklist (Exhibit (1) 5030.***

**STUDENT WELLNESS** (continued)

***Objective 1.2: By the end of May each year, all K-8 students will be provided with a physical education program consistent with state curriculum frameworks as measured by the District Wellness Policy Checklist.***

*(cf. 6010 - Goals and Objectives)*  
*(cf. 6011 - Academic Standards)*  
*(cf. 6143 - Courses of Study)*

**Goal 2:** Nutrition education shall be provided as part of the health education program in grades K-8 and integrated into core academic subjects and after-school programs as appropriate.

***Objective 2.1: By the end of May each year, all district schools will integrate nutrition education into the K-8 curriculum including USDA food pyramid and nutritional values of foods as measured by the District Wellness Policy Checklist. Examples: <sup>1</sup>UCCE: K-3: Reading up the Food Pyramid, 5-8: Eat Fit, K-8: 5 A Day, 5-8: Health Unit in Science K-8: Dairy Council***

***Objective 2.2: By the end of May each year, all district schools will provide nutrition education through classroom activities, and/or lunch and after-school activities as measured by the District Wellness Policy Checklist. Examples: <sup>2</sup>SCNAC “Harvest of the Month”, SCNAC Nutrition Activity Club, SCNAC Food Demonstrations, <sup>3</sup>BCOE After-School Program.***

*(cf. 6142.8 - Comprehensive Health Education)*

**Goal 3:** All students in grades K-8 shall be provided opportunities to be physically active on a regular basis. Opportunities for moderate to vigorous physical activity shall be provided through physical education, and other structured and unstructured activities.

***Objective 3.1: By the end of May each year, all district schools will integrate physical education into the K-8 curriculum including kinesthetic movements, individual and team sports, and aesthetics (i.e. dance) as measured by the District Wellness Policy Checklist.***

***Objective 3.2: By the end of May each year, all district schools will provide physical education through recess activities (SCNAC Lunch Leagues), athletics (seasonal sports) and/or after-school activities (BCOE), as measured by the District Wellness Policy Checklist.***

***\*Note: Taking away recess as a form of punishment is discouraged***

*(cf. 6142.7 - Physical Education)*  
*(cf. 6145 - Extracurricular and Cocurricular Activities)*  
*(cf. 6145.2 - Athletic Competition)*  
<sup>1</sup>*University of California, Cooperative Extension (UCCE)*  
<sup>2</sup>*Sierra-Cascade Nutrition Activity Consortium (SCNAC)*  
<sup>3</sup>*Butte County Office of Education (BCOE) After-School Program*

**STUDENT WELLNESS** (continued)

**Goal 4:** The Superintendent or designee shall encourage staff to serve as positive role models. He/she shall promote and may provide opportunities for regular physical activity among employees.

***Objective 4.1: By the end of May each year, staffs will serve as positive role models for physical activity as measured by the District Wellness Policy Checklist. Examples: Jogathon, run/walk track, Lunch Leagues.***

**Goal 5:** Professional development shall include instructional strategies that assess health knowledge and skills and promote healthy behaviors.

***Objective 5.1: By the end of May each year, professional development will include health education as measured by the District Wellness Policy Checklist.***

*(cf. 4131- Staff Development)*

*(cf. 4331- Staff Development)*

**Goal 6:** To encourage consistent health messages between the home and school environment, the Superintendent or designee may disseminate health information to parents/guardians. Outreach to parents/guardians shall emphasize the relationship between student health and academic performance.

***Objective 6.1: By the end of May each year, all parents/guardians of K-8 students will receive health information emphasizing the relationship between nutrition and physical activity and academic achievement as measured by the District Wellness Policy Checklist. Examples: Newsletters, handouts, reports to the Board (<sup>4</sup>CHKS, Student Wellness Policy), parent education classes, parent/guardian meetings, monthly Food Service menus.***

*(cf. 1113 - District and School Web Sites)*

*(cf. 6020 - Parent Involvement)*

The Board prohibits the marketing and advertising of non-nutritious foods and beverages through signage, vending machine fronts, logos, scoreboards, school supplies, advertisements in school publications, or other means.

*(cf. 1325 - Advertising and Promotion)*

**Nutrition Guidelines for Foods Available at School**

The Board shall adopt nutrition guidelines selected by the district for all foods available on each campus during the school day, with the objectives of promoting student health and reducing childhood obesity. (42 USC 1751 Note)

<sup>4</sup>*California Healthy Kids Survey (CHKS)*

